

SMART GARDEN OFFICE

moving in nature

What moves you?

How would you like to work in the future? We would love to hear from you!



WHY conduct this project?

With the digital transformation, many of our everyday solutions can be re-thought anew. What makes sense and what do we want to change for the future? As for typical work practices, people have become used to working with computers in stationary ways. Moreover, office environments do not necessarily feel like the most inspiring, healthy or collaborative places.



WHAT are the outcomes and tools you can use?

Based on neuroscientific research, this project begins by considering the importance of body motion for work performance and well-being. We design and study new types of work environments, that allow and encourage the use of the entire body and more senses, as opposed to viewing only a two-dimensional screen. One example is the SMART GARDEN OFFICE, which, by harnessing sound and voice, allows people and their ideas to move more freely in nature. Such an environment has been found to enhance creativity, collaboration and well-being.



WHOM to contact?

To learn more about this project, its theoretical background, or respective workshops contact us any time: neurodesign@hpi.de.

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